

# IE18-35 Lego Social Skills Training Level II



#### **PRESENTED BY**

Dyan Eybergen



#### **SERIES SESSIONS**

| Date           | Time              |
|----------------|-------------------|
| April 16, 2018 | 9:00 AM - 4:00 PM |



### LOCATION

St. Paul Regional High School-Room 230 - 4701 - 44 Street

FEE

\$205.00

**QUESTIONS?** 

**Contact Us:** 

780-623-2248

**REGISTER ONLINE** 

Visit our website to register:

Ines.ca

# **Learning Opportunity**

## Participants will:

- Learn advanced skills in the group facilitation process participants will learn what it "means" to teach
  social skills in a play-based environment and will spend time roleplaying through the Lego group process
  to practice facilitation skills: planning, time management (keeping the group moving forward),
  motivation, leadership, empowerment
- Develop skills necessary to manage group behavioural issues. Participants will work to problem solve around conflict resolution through the use of creative therapeutic self-regulation strategies
- Acquire advanced training in social communication strategies. Participants will spend time on perfecting
  the art of social communication/ language (syntax, semantics, and pragmatics) to interact with others in
  a host of situations, from entering peer groups to resolving conflicts. We will discuss social thinking
  vocabulary, the zones of regulation, active "whole body" listening, and tips for talking with parents. We will
  pay particular attention to the following 4 goals of social communication.
- 1. Social attention to situation and people
- 2. Gather information to consider the social cues and connect to prior knowledge to make meaning of what's going on (e.g. interpret)

- 3. Problem solve how to respond based on one's personal social goals
- 4. Respond to information
- learn creative colloborative build projects (cost saving ideas). Participants will learn creative free building prompts that goes beyond the use of Lego instructional kits.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

### **Presenters**

### Dyan Eybergen

Dyan Eybergen is a Registered Nurse with extensive experience working in child and Adolescent Psychiatry. Dyan received an undergraduate degree in the study of Psychology from the University of Waterloo; a diploma in Health Sciences from Cambrian College and an Advanced Studies in Mental Health Certificate from Mount Royal University, Alberta. She is certified Parent Coach from the Academy of Parent Coaching International, a trained Lego Therapist, and Lego Serious Play facilitator and an award-winning author of a Parenting book: Out of the Mouths of Babes: Parenting from a Child's Perspective. She appears regularly on CTV Edmonton Morning Live Show as a parenting expert.

# **Registration Notes**

Registration includes a continental breakfast and lunch.

