

IMHW23-65 Together: Building Meaningful Connection Series

**PRESENTED BY****Jodi Simmonds & Kerri Lorensen****SERIES SESSIONS**

Date	Time
April 24, 2023	3:45 PM – 4:45 PM
May 01, 2023	3:45 PM – 4:45 PM
May 08, 2023	3:45 PM – 4:45 PM
May 15, 2023	3:45 PM – 4:45 PM

**LOCATION****Online - Your Computer****FEE****\$50.00****QUESTIONS?****Contact Us:****780-623-2248****REGISTER ONLINE****Visit our website to register:****Ines.ca**

Learning Opportunity

Humans are wired for connection and we can thrive only with positive and authentic relationships with others. However, that doesn't mean that it is easy for us all to build and maintain meaningful connections. We can learn and practice skills that can help us to experience authentic connection. In this series, we'll explore some of the research attached to discovering and strengthening human relationships and dive into some practices that you begin to use right away - on your own or as part of a wellness team. Questions for discussion within your team will also be offered. Videos are 15 minutes in length and will be released 1 per week over a one month period. Videos will be available until the end of May for review or use.

This learning opportunity is being offered through a grant from Alberta Education.

Presenters

Jodi Simmonds

Registration Notes

Once you have registered for a professional learning session, our system automatically generates and sends a **'Confirmation of registration email'**. This 'automatic response' will be sent to the email address you enter at the time of registration'. If the workshop you registered for is **Online**, you will find a link to connect you to the workshop in your confirmation email. If you do **NOT** receive a confirmation email within 24 hours of registering, please check your **Spam/Junk/Trash file**. If you do not receive a confirmation email, please contact celine.zevola@learning-network.org